The Seven Deadly Sins of the 21st Century

You need to start by dedicating a comparison in between the actual current sins related to a time where there was not information available and how that has changed.

Formular la pregunta correcta es más importante que dar la respuesta correcta a una pregunta equivocada.

Un libro es para educar y convertirte en una mejor persona. No en complacer

Instant Gratification

The Original Seven Deadly Sins- Not so sinful

1. The Sin of Excess

Lust

Pride

Gluttony

Envy

Sloth

Wrath

Greed

Virtue: Moderation

1. The Sin of Intolerance

Intolerance comes from rooting yourself into ideas of generalization.

Generalization-Prejudiced-Biased. All, Always, Never, Absolutes, Ever, Everyone, No one,

Virtue: Impartiality, Tolerance, Patience

1. The Sin of Apathy

Virtue: Empathy

1. The Sin of Justification

Sensitivity

Self-Righteousness

Piousness

Virtue: Humbleness, Respect

1. The Sin of Self-Deception

Would you rather live in a cruel real world or in a fantasy full of lies?

Ignorance is Bliss

Stubbornness

Obstinate

1. The Sin of Dualism

Polarization

Dichotomy

Binary

Me vs You

Virtue: Acceptance, Openness

Reformular un postulado, cambia sus dependeientes.

Yo no veo colores, solo veo gente. Mentira, porque a pesar de que suena bonito, esta cambiando la realidad de que si existen los colores.

Yo no creo en fronteras, solo son lineas en un mapa. Ignora toda la historia detras de porque se crearon esas fronteras.

Considerar implicaciones de una oracion

Introduction What is the type of mentality you should expect at reading this book?

This book was inspired by the passion towards educating individuals and fortalizing open arguments in between as much people as possible.

Preface

Limitations on the human language will force us to rely on different expression levels such as sounds, images, or physical movements. For this reason, I find it almost unjust to write this and know that I will not being able to convey all of my thoughts in the most efficient manner possible. However, I am writing this as a call of attention for people, like you, like me, and everyone in this world. We are swiftly going into the new century. Technology increases at a rapid rate of growth never seen in history of humankind, and society has reached a level of intelligence that could only be dreamed of in the past.

Regardless of this rapid increment of intelligence and technology, our current society still seems to be stuck in some archaic situations that only hinder the progress of our future generations. The purpose for this writing, (some could call it a book, short essays, or simply my opinions) is to point out a line in what society and people have failed to recognize upon themselves as problems, and what to do about it. In other words, there are problems in our society, which we have developed as a consequence of our growing technology and intelligence. These problems I decided to call them: The Seven Sins of the 21st Century.

The title is misleading because it might seem like an allusion to the religious seven deadly sins. This is **not** the case, this is **not** a religious reading. However, I can say that some inspiration for the theme, organization, and title comes from transcendental literature (1300’s) such as *The Divine Comedy* by Dante, and modern-day (2000’s) such as *Fullmetal Alchemist* by Hiromu Arakawa.

From both classical and modern literature, I have been able to see that usually the seven deadly sins are portrayed to be the most immoral vices a person can have. In other words, the presence of these sins in a person can turn them into an “evil” individual. Some other works agree that sins are simply abuse of natural faculties. Which is the most convincing argument I have seen for what the sins really are: An excess of something. For example: Sloth is the excess of resting.

However, if the sins are simply being excessive. What should be considered a cardinal sin? Before, humans were looking into finding how to be a wholesome or “complete” person, full of virtues. This type of belief was held by many individuals regardless of their religion. Which is why I want to move away from the traditional idea of the “seven deadly sins”, and want to move to a new version of these sins that play a fundamental role in understanding how to be a better person in our modern society. These writings are simply an opinion formed by somebody who wishes for the best. Thus, if there is any disagreement with my thoughts, I believe that everyone can either correct me or contribute to this collection of essays. However, I will never be able to consult with every individual possible before making this public. Thus I thank everyone who played part of this and any constructive criticism will always be welcomed.

The Sin of Excess

To start off, it is important to start with the Sin of Excess because this work as whole, is **not** a rejection to the previous understanding of the **original sins**. In fact, the seven deadly sins as we know them: Lust, Pride, Gluttony, Envy, Sloth, Wrath, and Greed, are **still** an important and fundamental part of our understanding of human behavior. However, instead of using them as the main guidelines for becoming a better human, I will elaborate on how these sins are just specific examples of the Sin of Excess.

From a scientific point of view, it can be assumed how the original sins, started as an evolutionary tool that humans developed to survive in nature. Then, as time progressed, these evolutionary traits became a problem when performed in excess. Summarized: all original seven sins are simply, a natural necessity that we need to keep be under control. To examine each sin:

Gluttony: Probably the easiest to agree with. Being hungry is a signal from our bodies to trigger us to obtain food. Which makes sense to be a necessity that can be exploited in excess and become a problem for the individual. Excess of food manifests as unhealthy bodies which is a clear signal on how a necessity becomes a problem by the sin of excess.

Sloth: This one is also simple to see. Our bodies need resting, therefore we take a rest/nap/vacation accordingly to our body needs’. This is not only an evolutionary trait, but is also a normal expectation for everyone. The problem is that once a person starts exceeding the amount of rest your body needs, then you fall into the infamous sin of sloth. Or in other words, **a specific case** of the sin of excess.

Lust: This one is simply having a strong sexual desired for another individual (or individuals). In an evolutionary point of view, it makes sense to have a degree of sexual desire for other human beings because it is needed for reproduction and survival of the species. And again, once a person starts to have a stronger desire from the basic one, the person can develop immoral thoughts leading to actions such as harassment. Which brings another version of the sin of excess.

Wrath: This one is based off from the tendency of getting angry.

Empieza por este (polarization) (1ra parte)

<https://www.youtube.com/watch?v=k8vVEbCquMw>

(2da parte)

<https://www.youtube.com/watch?v=UoP_mSIHqTY>

Todos estos son del mismo canal pero estos son de los mas relacionados al tema que pude recordar

<https://www.youtube.com/watch?v=ugNkneq-OpM>

<https://www.youtube.com/watch?v=NmIRrCRtqeU>

<https://www.youtube.com/watch?v=pJI-Htr5HP0>

<https://www.youtube.com/watch?v=Mo2WIG43mXw>

<https://www.youtube.com/watch?v=Qv1MPn7lwDA>

<https://www.youtube.com/watch?v=5cI0q0n_qQQ>

<https://www.youtube.com/watch?v=HOgqPz_VJGI>

<https://www.youtube.com/watch?v=wTEhCS8q2YQ>

Books

The Fear Factor: How one emotion connects altruists, psycopaths and anyone in-between by Abigail Marsh

The Future of the Mind by Michio Kaku

The Seven Sins of Memory (how mind forgets and remembers) by Daniel L. Schacter

Blink: The power of thinking without thinking by Malcolm Gladwell